# Discrimination of Kelvin Materials via ARFI Response

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Abstract. Acoustic Radiation Force Impulse (ARFI) is a noninvasive ultrasound modality that differentiates tissue structure via viscoelastic property. We are interested in using ARFI to discriminate between nonatherosclerotic arterial walls and atherosclerotic plaque. Both of these tissue types can be modeled as Kelvin materials each characterized by its own elasticity and viscosity. These properties define the displacement and recovery of tissue in response to ARFI. In this paper we present algorithms for clustering ARFI-induced displacement curves and we use the Kelvin model as a filter for outlier rejection. We validated these algorithms against a synthetic data set and then obtained preliminary results for an ARFI image of a raised focal atherosclerotic plaque in a porcine iliac artery.

## 1 Introduction

Cardiovascular disease (CVD) is the leading cause of death in North America. [1] Because atherosclerotic plaques exhibit different material (i.e. mechanical) properties than non-atherosclerotic arterial wall, measurement of tissue mechanical properties is relevant to diagnosis and monitoring CVD status. Conventionally, arterial mechanical properties could not be measured directly, and surrogate metrics such as peripheral pulse pressure and pulse wave velocity have been used to infer systemic arterial mechanical properties [2]. Recently, the direct localized measurement of arterial mechanical property has been made possible by two advances in ultrasound technology: intravascular ultrasound (IVUS) elastography and acoustic radiation force impulse (ARFI) ultrasound.

IVUS uses a catheter ultrasound probe to image a cross-section of a blood vessel intravascularly. Using controlled pull-back, multiple correlated IVUS images are acquired during physiological arterial pulsation. The images are then processed as in ultrasound elastography to compute local strain, which is displayed parametrically in the form of an elastogram image. Van der Steen et al [3] have implemented IVUS elastography to produce images of the Young's Modulus of tissue and have applied a shape model to segment the boundary between atherosclerotic plaque and arterial wall in the Young's Modulus elastogram. Although IVUS elastography has been demonstrated for effective differentiation of atherosclerotic from nonatherosclerotic tissue, IVUS requires a significant amount of time for preparation and for imaging. Because the procedure is invasive, it can produce serious side effects including the dislodgement of a plaque, post-procedural hemorrhaging, and hematoma formation during catheter insertion.

A noninvasive alternative to IVUS, ARFI ultrasound is performed transcutaneously using a conventional ultrasound system (modified for research purposes) and transducer. In ARFI imaging, momentum is transfered from a short duration acoustic impulse to tissue in a manner that displaces tissue on the order of microns. Following the displacing, or 'pushing', impulse, multiple conventional A-lines are acquired in ensemble form to track induced axial tissue displacement and subsequent recovery via one-dimensional cross-correlation. ARFI imaging can be implemented two-dimensionally to assess tissue mechanical properties over both space and time [4]. We present here preliminary results towards characterizing atherosclerotic plaques by automatic ARFI image segmentation.

For the purpose of segmenting ARFI-induced tissue displacement curves, we assume that arterial walls and atherosclerotic plaques can be idealized as Kelvin materials. For either tissue type the equation

$$F + \tau_{\epsilon} \dot{F} = E_R \left( u + \tau_{\sigma} \dot{u} \right) \tag{1}$$

holds [5]. Here F is the applied force, u is the extension of the material,  $\tau_{\epsilon}, \tau_{\sigma}$  are the relaxation times for constant-strain and constant-stress respectively for the material.  $E_R$  is the relaxed elastic modulus for the material and  $\dot{}$  denotes differentiation with respect to time.

We model the force from ARFI as  $F(t) = f_0 (H(t) - H(t - \epsilon))$  where H is the Heaviside function and  $\epsilon$  is the impulse duration. At time  $t > \epsilon$ ,

$$u(t) = u_0 \exp\left(-\frac{t}{\tau_\sigma}\right) \tag{2}$$

$$u_0 = \frac{f_0}{E_R} \left( \exp\left(\frac{\epsilon}{\tau_\sigma}\right) - 1 \right) \frac{\tau_\sigma - \tau_\epsilon}{\tau_\sigma} \tag{3}$$

We expect that the ARFI-induced displacement curve for a Kelvin material will show peak initial displacement followed by an exponential recovery time. The ARFI response curve for a tissue is influenced by material properties of the tissue. Our method characterizes different Kelvin materials (i.e. plaque and arterial wall) based on their ARFI-induced displacement curves without directly estimating the Young's modulus [6, 2, 3] for the different tissue classes.

# 2 Method

Our problem is then to cluster samples from a two parameter family of exponential decay curves (2). In Sec. 2.1 we discuss algorithms for clustering these curves. In Sec. 2.2 we apply these clustering algorithms to simulated data. In Sec. 2.3 we discuss a preliminary experiment of clustering the ARFI response of a raised focal atherosclerotic plaque in an excised iliac artery.

#### 2.1 Clustering

An ARFI image of size  $x \times y \times t$  measures the displacement of  $x \cdot y$  tissue samples at t time steps. Let  $f_{i,j}$  denote the t-dimensional vector of displacements at position  $(i, j, \cdot)$  in the image. We wish to cluster  $\{f_{i,j} : 1 \le i \le x, 1 \le j \le y\}$  via the k-means [7] algorithm.

Much of the work performed by the k-means algorithm is distance calculations. The number of multiplications performed in each distance calculation is proportional to the dimensionality of the feature space. Reducing the dimensionality of the feature space is desirable because it allows for faster clustering. This is especially important because k-means tends to find locally optimal clusters. It is common practice to seek the best locally optimal clustering from multiple repetitions of the algorithm run from different random starting points.

For a displacement curve of the form (2),  $f_{i,j}$  contains redundant information. We can reduce the dimensionality of this space by estimating the parameters of the exponential curve for each displacement vector. A nonlinear least squares optimization estimates the parameters

$$\boldsymbol{g}_{i,j} = \{\hat{c}, \hat{r}\} = \arg\min_{c,r} \|c\exp(-r\boldsymbol{T}) - \boldsymbol{f}_{i,j}\|^2$$
(4)

where T is a vector of time steps consistent with the sampling in f. This representation has the advantage of being compact, but the interpretation of clustering can be uncertain because the parameters c and r are not commensurate.

Principal components analysis (PCA) is another mechanism for reducing the dimensionality of the displacement vectors. PCA treats each  $f_{i,j}$  as a single point in a linear t-dimensional space. Let  $\mu$  and  $\Sigma$  denote the mean and covariance of these points. Let the eigenvalues and eigenvectors of  $\Sigma$  be denoted by  $\{\lambda_i : 1 \leq i \leq t\}$  and  $\{v_i : 1 \leq i \leq t\}$  respectively. Assuming that the eigenvectors are sorted by descending eigenvalue,  $j \geq k \leftrightarrow \lambda_j \geq \lambda_k$ , the dimensionality of the feature space is reduced to  $t' \ll t$  by

$$\boldsymbol{h_{i,j}^k} = \frac{(\boldsymbol{f_{i,j}} \cdot \boldsymbol{v_k})}{\sqrt{\lambda_k}} : 1 \le k \le t'$$
(5)

The new dimensionality t' is typically chosen to explain a fixed percentage of variance. We will see in Sec. 2.2 that for many of our simulated cases we can explain > 95% of the variance in the high dimensional space with only a few principal components.

#### 2.2 Simulated Data

We produced simulated data to test these clustering algorithms. We began by producing curves of the form  $c \exp(-rt)$  for a variety of parameters c, r. A vector

 $f_{i,j}$  is produced by sampling the curve at 60 uniformly spaced time steps and then adding white Gaussian noise to the sampled curves. Figure 1 gives examples of the original curves and noisy data with S/N ratios of 24dB and 12dB.



**Fig. 1.** Simulated curves  $f_{i,j}$ . Note that there are 12 distinct noiseless curves, corresponding to three choices of peak value and four choices of recovery rate  $(c, r) \in \{0.5, 1.0, 1.5\} \times \{\frac{3}{30}, \frac{4}{30}, \frac{5}{30}, \frac{6}{30}\}$ .

The vectors  $f_{i,j}$  lie in a 60 dimensional space, but we know from the formulation that 2 dimensions ought to be enough to describe the data. Two different 2D approximations of the data are calculated:  $g_{i,j}$ , by recovering the parameters for each exponential curve, and  $h_{i,j}$  by performing PCA. The result of projecting the curves into the lower dimensional spaces can be seen in Fig. 2.

Note that for the range of c, r used in this experiment that the PCA-based dimensionality reduction appears to be more robust to noise than the parameter recovery method. At the 24dB S/N ratio, 12 distinct clusters, corresponding to the 12 combinations of the two control parameters, are visible and can be easily separated in the PCA image. In the scatter plot of the recovered parameters from the 24dB data there is some overlap between clusters where a curve might be misidentified as having lower c, r parameters than were present in the raw curves before noise was added.

Each of our proposed methods of dimensionality reduction has a natural measure of it's effectiveness. The percent of residual variation,

$$\rho_e = \frac{\|\hat{c}\exp\left(-\hat{r}\boldsymbol{T}\right) - \boldsymbol{f}_{i,j}\|^2}{\|\boldsymbol{f}_{i,j}\|^2} \tag{6}$$

gives an indication of how well the data in f can be modeled by an exponential. This ratio is bounded by  $0 \le \rho_e \le 1$  with a lower value indicating a better fit of the exponential curve to the sampled data. The distribution of  $\rho_e$  for our simulated data in presented in Fig. 3.

The percentage of variance explained,

$$\rho_p(t') = \frac{\sum_{i=1}^{t'} \lambda_i}{\sum_{j=1}^{t} \lambda_j} \tag{7}$$

measures how well the t'-dimensional PCA approximates the original data. This ratio is bounded by  $0 \le \rho_p(t') \le 1$  with a greater value indicating that the



**Fig. 2.** Dimensionality reduction on the data from Fig. 1. (top) Recovered exponential parameters: (c, r). (bottom) Projection onto two principal components. The markers in the plots of noiseless data have been enlarged for visibility reasons. Each of the dimensionality reduction schemes transforms all curves with the same parameters to a single point. Note that allowing c to vary with r held constant produces a straight line in the PC1/PC2 space, but the slope of this line is depends on r. Allowing r to vary for a fixed c produces a curved path through the PC1/PC2 space.



**Fig. 3.** Cumulative histogram of  $\rho_e$  for the data in Fig. 1. In the noiseless case  $\rho_e \leq 0$  for 100% of the curves. As the noise level increases,  $\rho_e$  takes on larger values for a fixed quantile of the curves.

t' dimensional approximation is able to recover the original data. Because the noiseless data came from a 2-dimensional space we hope to see  $\rho_p(t') \approx 1$  when  $t' \geq 2$ , even with small amounts of noise present. Figure 4 shows  $\rho_p$  for the simulated dataset. Note that 2 principal components are sufficient to approximate the noiseless data and the curves with a 24dB S/N ratio, but there is significant residual variance when 2 principal components are used to approximate the 12dB S/N ratio data. This is caused, in part, by the fact that  $\rho_e$  is quite large for a significant fraction of the 12dB data. When we process ARFI data we will reject data with large  $\rho_e$  prior to performing PCA.

## 2.3 ARFI Data

Two-dimensional ARFI ultrasound was performed on an excised iliac artery of a familial hypercholesterolemic pig. The imaging field of view included a fo-



**Fig. 4.**  $\rho_p$  as a function of t' for the data in Fig. 1. As the noise level increases, it takes more principal components to explain a fixed amount of variance.

cal atherosclerotic plaque. Using conventional ARFI methods, axial tissue motion in response to ARFI excitation was measured with one-dimensional crosscorrelation to generate profiles of ARFI-induced tissue displacement over time (a 5 ms observation period, 60 samples).

A B-mode ultrasound image of the same field of view was processed with a local median filter to automatically produce a mask for rejecting signal from blood in the vessel lumen. In the specific image ROI we studied, this reduced the size of the data from  $\sim 100,000$  displacement curves down to 7,500.

The optimization (4) is used to estimate the exponential's fit to the ARFI displacement curves. Because the Kelvin model applies to both the arterial wall and the atherosclerotic plaque, the percentage of residual variation (6) ought to be low for the ARFI displacement curves for these tissues. The image also includes other tissues for which this model need not apply. We do not expect that (2) will approximate well the ARFI displacement curve for such tissue. Because we are not attempting to characterize these other tissues, we discard the curves for which  $\rho_e$  is above a threshold level. Discarding data with  $\rho_e > 0.15$  left us with a final set of ~ 6,000 displacement curves. PCA on these curves showed that with three principal components  $\rho_p \approx 0.969$ .

### 3 Results

In our experiments on simulated data we created 500 curves for each of 12 categories corresponding to the parameters of the exponential curve before noise was added. We used the k-means algorithm to recover 12 clusters with hope that each cluster would correspond to a pre-noise category. The false labeling rate for each data representation was measured as the percentage of curves with different pre-noise parameters from the mode of their cluster. In the 24 dB dataset, we measured a false labeling rates of 0.333, 0.255, and 0.167 using the 60 sample representation, exponential parameters, and PCA coefficients respectively as the data representation. In the 12dB dataset the false labeling rates were 0.345, 0.320, and 0.155. It is surprising that the PCA representation was slightly more effective on the 12dB data than on 24dB data. This is likely due to randomness in producing the data. We expect that in repeated experiments clustering the



Fig. 5. (a) B-mode ultrasound image of an excised porcine iliac artery. The region for which ARFI data is available is show in blue. The region identified by local median filtering in an ROI of the B-mode image is indicated in red. The region identified by filtering ARFI data on  $\rho_e$  is indicated in yellow. (b) Example ARFI displacement curves with  $\rho_e \leq 0.15$ . (c) Example ARFI displacement curves with  $\rho_e > 0.15$ . (d) The mean and first three principal modes of variation for the filtered ARFI curves.

less noisy data would be more successful. The overall trend that we observed was clustering on PCA coefficients produced the best results.

We clustered the PCA coefficients of the ARFI displacement curves. This produced images which show a spatial distribution of cluster membership as in Fig. 6. A comparison of these clusters with histology performed in the same tissue region shows promising results. The atherosclerotic plaque is approximately 10mm long. Immunohistochemistry indicated spatially correlated differences in tissue composition of the plaque. Gradation is visible between a high elastin/low collagen content on its left side and a low elastin/high collagen content on its right side. The plaque and its subcomponents are identified as distinct clusters by the k-means algorithm. There is a region within the plaque that appears unclustered (white in Fig. 6). This tissue has suffered severe elastin degradation to the point that its response to ARFI is not consistent with (2) and it is rejected by our filter on  $\rho_e$ .



**Fig. 6.** Cluster membership. (left) Three clusters: Two clusters differentiate between materials in the arterial wall (A, B). The third cluster (dark blue) contains noise. (center) Six clusters: the high collagen/low elastin plaque fragment is visible in blue (X). (right) Eighteen clusters: Three components of the plaque are visible at the right side of the image (1-3).

# 4 Discussion

The response of a Kelvin material, such as arterial wall or atherosclerotic plaque, to an ARFI query is a peak displacement in the direction of the force followed by recovery at an exponential rate. Because the peak displacement and recovery rates are functions of material properties of the tissues themselves, the ARFI induced displacement curve can be used to distinguish between tissue types. Kmeans clustering provides an automatic mechanism for classifying these ARFI response curves. The set of PCA coefficients for each of the displacements curves is a data representation that allows k-means to provide an effective clustering. Because PCA produces a low-dimensional approximation of the original data it allows the k-means algorithm to run faster, or equivalently it allows for more repetitions of the k-means algorithm in a fixed amount of time. We have shown preliminary results of using this technique to locate an atherosclerotic plaque and to decompose it into three subregions of distinct elastin and collagen composition.

Our future work will include extending our biomechanical model to include non-Kelvin materials. Other future work will include applying our method to other environments. We are interested in studying in-vivo images as well as applying our method to the deep venous system and to other organ systems. We are interested in updating our methodology. Developing strong prior distributions should allow us to search for a specific tissue type within an ARFI image. Performing semi-automatic rather than manual segmentation will allow us to interact with a human expert to identify and reject noise clusters, and to subdivide clusters of interest.

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